



RESEARCH ARTICLE

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Biochemical Changes in the Testis of Albino Rat after Treatment of Diuretic Drug Compound

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ABSTRACT

The present study deals with the adverse side effects of the diuretic drug compound thiazide on the total protein, cholesterol, Alkaline and Acid phosphatase in the testes of albino rats. Although this findings contradicted conventional wisdom regarding with increment of total protein cholesterol and acid phosphate and decaline value of alkaline phosphatase. We conclude that an elevation and decaline in biochemical parameter determine for diuretic drug compound and side effect of metabolic situations.

Key words: Thiazide, Testes, Albino rat, Protein, Cholesterol, Acid and Alkaline Phosphatase

INTRODUCTION:

Diuretics an indispensable group of therapeutic agents that are used to maintain the volume and composition of body fluids in the variety of clinical situation. The diuretics are transported from blood through the tubular cells into tubular fluids and generally safe, but likely other therapeutic agents, they cause side effects (Arthur 2000). Thiazide type of diuretics are carbonic inhibitor, carbonic anhydrase is important for intracellular fluid formations and inhibitor of these enzyme are effective in decreasing intracellular pressure and therefore used to treat glaucoma. The biochemical alterations of thiazides are to increase total cholesterol low density lipoprotein (LDL), Triglycerides and enzymatic activity.

In conclusion, data indicated that the drug compound when given in the large dose for short and long periods of the time can have profound and specific effect on the certain biochemical parameters of testes. Some of the action describes the probability of significance in relation to the effect of drug seen clinically. However, studies now needed which smaller doses of drug are given for longer period of time in an attempt of approximately more closely to the clinical use of thiazide. Present study was initiated to investigate the adverse side effect of simultaneous administration of drug on some biochemical parameters in testes of rats.

MATERIALS AND METHODS:

Drug: Thiazide drug compound was dissolved in saline, and administered orally using stomach tube at a dose of 100mg/kg body weight (according to Indian drug review) daily.

Animal: Thirty male albino rats, each weighing approximately (180±10gm.) were used. Animals were maintained on a commercial balanced rat diet and were allowed free access of food and water.

Experimental Design: Thirty male albino rats, divided into six groups of five animals in each, were treated as follows groups 1, 3 and 5 treated with thiazide and 2, 4 and 6 given vehicle and left as control. Animals were fasted overnight separately on 10th, 20th and 30th day. On the next days each experimental protocol, after recording the body weight, the animal were sacrificed by decapitation and the testes were dissected out, blotted of blood,

rinsed in phosphate buffered saline (pH 7.4) and immediately proceeded for biochemical estimations.

Biochemical estimations: The measurement of tissue total protein was determined by Lowery *et al.* (1951) while; cholesterol by Zlatkis *et al.* (1955), alkaline and acid phosphatase determined by Kind and King's (1954).

Statistical Analysis:

All the data were analysed for statistical significance between the control and experimental groups of rats by Fischer and Yates (1963).

Table 1: Impact of Thiazide on Testicular Biochemical Parameters

S.No.	Parameter	Treatment time (in days)	No. Of animals	Control group		Treated group	
				Mean	±S.Em.	Mean	±S.Em.
1.	Total Protein (in mg/ml)	10	5	432.99	4.84	777.77	39.28***
		20	5	432.22	13.98	922.22	28.32***
		30	5	498.88	8.67	977.77	56.65***
2.	Total cholesterol (in mg/gm)	10	5	0.011	0.002	0.028	0.002***
		20	5	0.016	0.002	0.047	0.003***
		30	5	0.020	0.003	0.073	0.002***
3.	Alkaline phosphatase (in K.A Units)	10	5	34.93	0.94	32.43	1.07*
		20	5	37.48	1.04	28.51	0.09**
		30	5	39.67	1.44	20.47	1.26***
4.	Acid phosphatase (in K.A Units)	10	5	36.38	1.21	59.35	1.27***
		20	5	38.51	0.98	64.53	1.20***
		30	5	42.05	0.74	76.28	0.99***

S.Em. = Standard Error of Mean

*** = Very Highly Significant ($p < 0.001$)

** = Highly Significant ($p < 0.01$)

* = Significant ($p < 0.05$)

RESULTS AND DISCUSSIONS:

The total protein, cholesterol and acid phosphatase values increase very highly significantly ($p < 0.001$) and alkaline phosphatase decreases significantly ($p < 0.05$) after 10 days while, highly significant 20 days and 30 days ($p < 0.001$) of thiazide treatment with increases time period as compared with control (Table 1). Colorimetric techniques were employed in these studies to measure biochemical parameter of the testes of rats during control conditions and after orally administration of 100mg/kg body weight. The thiazide widely used diuretic drug compound having so many clinical uses. However, is limited by several endocrine and biochemical effects?

In present study, the increase in total protein in the testes may be due to the adverse side effect of drug compound. Present finding supported by Ames (1986) and due to metabolic situations with produced by thiazides compound mainly characterized by increase protein in rats and guinea pigs. Similar observation has been made by Taft and Sweeny (1995) in rat after routine dose of thiazide.

An increase in total cholesterol in the rat's testes may be due to adverse side effect of drug compound. Alteration in lipids play an important role in development and progression in renal distress and induced specific change in the metabolism of cholesterol like that Arthur (2000), in the liver of rat due to the catecholamine release which is stimulated hepatic cholesterol synthesis and caused hypokalemia. Similar finding have been supported by Moynian and Ennis (1990) and Miner *et al.* (1983) in human and rats due to the adverse side effect of diuretic drug compound in the tissue.

The alkaline phosphatase in the testes decrease due to the side effect of thiazide drug compound. Setchell and Wallare (1972) also noted decrease in the alkaline phosphatase activity and lysosomal enzymes in the liver of rats after spironolactone treatment, Menard

et al. (1975) have showed the decrease the microsomal enzyme activity in the testes of rats after spiranolactone.

In the semen acid phosphatase has greatest share and increase in the percentage of phosphatase may cause prostatic carcinoma. In the present study the acid phosphatase in the testes of albino rat increases due to the side effects of thiazide drug compound. Alan *et al.* (1980) have also reported the marked increases in the acid phosphate in testes and distal cauda epididymis in rat due to several diuretic elements. Fujita *et al.* (1982) and Ochs *et al.* (1978) have shown changes certain enzymes in liver of the rats after spiranolactone treatment. Such studies should contribute particularly with respect to role of metabolite in the therapeutic action and side effect of drug.

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